

[Include prescription and over-the-counter drugs, vitamins, herbals, and other dietary supplements]

Prescription Medications	Appearance (<i>yellow tablet, capsule, liquid, etc.</i>)	Dosage/When Taken (<i>e.g. 100 mg. twice a day</i>)	Other instructions (<i>e.g. take with water</i>)	Date started/Prescribing doctor	Used to treat
Over-the-Counter Medications	Appearance (<i>yellow tablet, capsule, liquid, etc.</i>)	Dosage/When Taken (<i>e.g. 100 mg. twice a day</i>)	Other instructions (<i>e.g. take with water</i>)	Date started	Used to treat
Vitamins, Herbs, and Other Dietary Supplements	Appearance (<i>yellow tablet, capsule, liquid, etc.</i>)	Dosage/When Taken (<i>e.g. 100 mg. twice a day</i>)	Other instructions (<i>e.g. take with water</i>)	Date started	Used to treat

Weekly Diary	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning Medications							
Midday Medications							
Evening Medications							